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Primary Health Care
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Teaching Newsletter

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All of us in Primary Care wish you an enjoyable time over Christmas and good teaching in 2016

From the Teaching Office

We would like to say a big thank you to you all for continuing to teach students when your practices are under increasing work pressures. We are particularly grateful to all our Core Teaching Practices (CTP) who undertake a lot of teaching and are pleased to tell you that two more Bristol practices— the Lennard Practice and the Westbury-on-Trym Primary Care Centre — have become CTPs.

Year 5 Teaching Tip from Cheryl Atter, Cadbury Heath HC, Bristol

This is what Cheryl tells her students at the start of the attachment: Passing finals is like passing your driving test. You are now the driver, i.e. doctor. What is the difference between that and learning for the test? You now have responsibility for your actions.

When students are turning round during consultations and ask for my help, I put them on the spot and ask 'What are you going to do, doctor?' and encourage them to talk it through 'What are you thinking?' Patients love to get some insight into how doctors think. The reward is that you can see the students' confidence grow over the two weeks

Ever wondered what students learn in their central study days in Year 3?

CAPC Teaching Takes Preventive Medicine to the Masses

Tuesday 1st December saw 220 Year 3 medical students in the gothic revival splendour of the Great Hall of Wills Memorial Building engaged in a whole day seminar on Preventive Medicine. The day involved lectures on the health benefits of exercise, the dangers of fructose and the nature of the healthy diet. Students did small group sessions on motivational interviewing (their "patient" was a student with a gaming addiction), health apps for Smartphones, and the "Five Ways to Happiness" (see NHS Choices). They also had practical sessions on setting people up for working at a monitor, designing a five minute workout and creating a "Bircher Muesli" for a healthy start to the day. Four members of the public came to share their experiences.

